

Dr. Marta Pérez, Vice Chair

SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 09-04 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA, PROCLAIMING MARCH 2-6, 2009, AS NATIONAL SCHOOL BREAKFAST WEEK AND OBSERVANCE OF THE MONTH OF MARCH 2009 AS NATIONAL NUTRITION MONTH

COMMITTEE: INSTRUCTIONAL EXCELLENCE AND COMMUNITY ENGAGEMENT

LINK TO DISTRICT STRATEGIC PLAN: EVALUATE AND REDESIGN INTERNAL BUSINESS OPERATIONS

The Miami-Dade County Public Schools' Department of Food and Nutrition and the Dade County School Food Service Association request that the Board adopt the attached Resolution No. 09-04 proclaiming the week of March 2-6, 2009, as National School Breakfast Week and observance of the month of March 2009 as National Nutrition Month. The occasion is a special week and month during which attention is focused on the school breakfast program and on the importance of making informed healthy food choices and developing sound eating and physical activity habits that support the District's Wellness Policy.

The primary goal of the National Child Nutrition Program is to improve the health and nutritional status of students. This year's National School Breakfast Week theme is "**Power Up With School Breakfast**". Eating a nutritious breakfast helps students achieve success in education. Food service personnel will be encouraged to involve principals, teachers, students, parents and the community in planned activities during National School Breakfast Week and to reinforce the importance of a nutritious breakfast as a key component of good health. The importance of proper nutrition along with physical activity will be the focus of attention during the month of March 2009, proclaimed as National Nutrition Month.

ACTION PROPOSED BY

DR. MARTA PÉREZ: That The School Board of Miami-Dade County, Florida, adopt the attached Resolution No. 09-04 proclaiming March 2-6, 2009, as National School Breakfast Week and observance of the month of March 2009 as National Nutrition Month.

**RESOLUTION NO. 09-04 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY,
FLORIDA PROCLAIMING MARCH 2-6, 2009, AS NATIONAL SCHOOL BREAKFAST
WEEK AND THE OBSERVANCE OF MARCH 2009 AS NATIONAL NUTRITION MONTH**

WHEREAS, the National School Breakfast Program continues to play a vital role in shaping the health and nutrition patterns of Florida's children, and the National Nutrition Month campaign reinforces the importance of nutrition as a key component of good health with physical activity; and

WHEREAS, the National School Breakfast Program has supported the promotion and implementation of nutrition principles outlined in the Dietary Guidelines for Americans, and the National Nutrition Month Campaign promotes trying a variety of foods; and

WHEREAS, the National School Breakfast Program promotes the increased consumption of high-quality, nutritious agricultural products from Florida; and

WHEREAS, the National School Breakfast Program serves the nation's children by providing meals that enhance their readiness to learn and to succeed in school; and

WHEREAS, the Dade County School Food Service Association, the School Nutrition Association and the American Dietetic Association collaborate with other organizations dedicated to the educational success of America's children by creating public awareness of the impact of hunger on a child's ability to learn; and the importance of nutrition and physical activity as a key component of good health and well-being;

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida, approve Resolution No. 09-04, proclaiming March 2-6, 2009, as National School Breakfast Week and the observance of the month of March 2009 as National Nutrition Month, and encourage all school principals, teachers, and students to participate in the planned activities.

A copy of this resolution is placed in the permanent records of this Board.

Presented this 11th day of February, A.D. 2009

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

Chair

ATTEST:

Secretary