

Freddie Woodson, Deputy Superintendent
District/School Operations

**SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 11-005 OF
THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA
PROCLAIMING THE MONTH OF MARCH 2011 AS NATIONAL
NUTRITION MONTH® AND MARCH 7-11, 2011, AS NATIONAL
SCHOOL BREAKFAST WEEK**

COMMITTEE: INNOVATION, EFFICIENCY & GOVERNMENTAL RELATIONS

**LINK TO STRATEGIC
FRAMEWORK: STUDENT, PARENT AND COMMUNITY ENGAGEMENT**

The Miami-Dade County Public Schools' Department of Food and Nutrition and the Dade County School Food Service Association request that the Board adopt the attached Resolution No. 11-005, proclaiming the month of March 2011 as National Nutrition Month® and the week of March 7-11, 2011 as National School Breakfast Week. The occasion is a special month and week during which attention is focused on the school breakfast program and on the importance of making informed healthy food choices and developing sound eating and physical activity habits that support the District's Wellness Policy.

The primary goal of the National Child Nutrition Program is to improve the health and nutritional status of students. The importance of making informed food choices and developing sound eating and physical activity habits will be the focus of attention during the month of March 2011, proclaimed as National Nutrition Month®. This year's theme is "**Eat Right with Color**". This year's National School Breakfast Week theme is "**School Breakfast Detectives**". Eating a nutritious breakfast helps students achieve success in education. Food service personnel will be encouraged to involve principals, teachers, students, parents and the community in planned activities during National School Breakfast Week and to reinforce the importance of a nutritious breakfast as a key component of good health.

RECOMMENDED: That The School Board of Miami-Dade County, Florida, adopt the attached Resolution No. 11-005 proclaiming the month of March 2011 as National Nutrition Month® and March 7-11, 2011 as National School Breakfast Week.

FW:bhj

**RESOLUTION NO. 11-005 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY,
FLORIDA PROCLAIMING THE MONTH OF MARCH 2011
AS NATIONAL NUTRITION MONTH® AND
MARCH 7-11, 2011 AS NATIONAL SCHOOL BREAKFAST WEEK**

WHEREAS, the National School Breakfast Program continues to play a vital role in shaping the health and nutrition patterns of Florida's children, and the National Nutrition Month® campaign reinforces the importance of nutrition as a key component of good health with physical activity; and

WHEREAS, the National School Breakfast Program has supported the promotion and implementation of nutrition principles outlined in the Dietary Guidelines for Americans, and the National Nutrition Month® Campaign promotes trying a variety of foods; and

WHEREAS, the National School Breakfast Program promotes the increased consumption of high-quality, nutritious agricultural products from Florida; and

WHEREAS, the National School Breakfast Program serves the nation's children by providing meals that enhance their readiness to learn and to succeed in school; and

WHEREAS, the Dade County School Food Service Association, the School Nutrition Association and the American Dietetic Association collaborate with other organizations dedicated to the educational success of America's children by creating public awareness of the impact of hunger on a child's ability to learn; and the importance of nutrition and physical activity as a key component of good health and well-being;

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida approve Resolution No. 11-005 proclaiming the month of March 2011 as National Nutrition Month®, and March 7-11, 2011 as National School Breakfast Week and encourage all school principals, teachers, and students to participate in the planned activities.

A copy of this resolution is placed in the permanent records of this Board.

Presented this 9th day of February, A.D. 2011

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

Chair

ATTEST:

Secretary