

Mr. Carlos L. Curbelo, Board Member

**SUBJECT:                   REQUEST FOR APPROVAL OF RESOLUTION NO. 13-023  
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY,  
FLORIDA, RECOGNIZING THE AMERICAN HEART  
ASSOCIATION**

**COMMITTEE:           INSTRUCTIONAL   EXCELLENCE    AND   COMMUNITY  
ENGAGEMENT**

**LINK TO STRATEGIC  
FRAMEWORK:           STUDENT, PARENT, AND COMMUNITY ENGAGEMENT**

February is American Heart Month. The American Heart Association launched the Go Red for Women movement a decade ago to address heart disease and heart health awareness. Heart disease is the number one killer of women. Heart disease is the cause of one in three women's deaths a year, which is approximately one woman every minute. An estimated 43 million women are affected by heart disease in this country.

Over the last 10 years, the Go Red for Women movement has saved more than 600,000 women from heart disease. That is 330 fewer women dying each day. American Heart Month kicks off with the popular National Wear Red Day on February 1<sup>st</sup>. Women who participate in this movement are more likely to make healthier choices. At least 90 percent of the participants make at least one health behavior change, more than a third of the women lose weight, six out of 10 change their diets and more than 40 percent check their cholesterol levels. All of these factors contribute to better heart health for women.

The American Heart Association is to be commended for promoting heart disease prevention and awareness. Their efforts have saved lives and led to an improved quality of life for women and their families.

**ACTION PROPOSED BY  
MR. CARLOS L. CURBELO:**

That The School Board of Miami-Dade County, Florida, approve Resolution No. 13-023 of The School Board of Miami-Dade County, Florida, recognizing the American Heart Association.

**Replacement  
H-21**

**RESOLUTION NO. 13-023  
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA,  
RECOGNIZING THE AMERICAN HEART ASSOCIATION**

**WHEREAS**, February is American Heart Month. The American Heart Association launched the Go Red for Women movement a decade ago to address heart disease and heart health awareness; and

**WHEREAS**, heart disease is the number one killer of women. Heart disease is the cause of one in three women's deaths a year, which is approximately one woman every minute. An estimated 43 million women are affected by heart disease in this country; and

**WHEREAS**, over the last 10 years, the Go Red for Women movement has saved more than 600,000 women from heart disease. That is 330 fewer women dying each day; and

**WHEREAS**, American Heart Month kicks off with the popular National Wear Red Day on February 1<sup>st</sup>; and

**WHEREAS**, women who participate in this movement are more likely to make healthier choices. At least 90 percent of the participants make at least one health behavior change, more than a third of the women lose weight, six out of 10 change their diets and more than 40 percent check their cholesterol levels. All of these factors contribute to better heart health for women; and

**WHEREAS**, the American Heart Association is to be commended for promoting heart disease prevention and awareness. Their efforts have saved lives and led to an improved quality of life for women and their families;

**NOW, THEREFORE, BE IT RESOLVED THAT:**

The School Board of Miami-Dade County, Florida, approve Resolution No. 13-023 of The School Board of Miami-Dade County, Florida, recognizing the American Heart Association.

A copy of this resolution is placed in the permanent records of this Board.

**Presented this thirteenth day of February, A.D. 2013**

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

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CHAIR

ATTEST:

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Secretary