

Freddie Woodson, Deputy Superintendent
District/School Operations

SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 09-97 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA, PROCLAIMING THE WEEK OF OCTOBER 12-16, 2009, AS NATIONAL SCHOOL LUNCH WEEK

COMMITTEE: INNOVATION, EFFICIENCY & GOVERNMENTAL RELATIONS

LINK TO DISTRICT

STRATEGIC PLAN: ENHANCED STUDENT WELLNESS EDUCATION

The Department of Food and Nutrition and Dade County School Food Service Association request that the Board adopt Resolution No. 09-97 proclaiming the week of October 12-16, 2009, as National School Lunch Week. National School Lunch Week is a special week made possible by the School Nutrition Association, when attention is focused on the benefits of school meals.

The primary goal of the Child Nutrition Program is to improve the health and nutritional status of students. This year's theme, "**All Star School Lunch**" is a slam-dunk to help students learn about the importance of eating healthy and being active. The NBA inspired campaign features five "basketball teams", each comprised of healthy school lunch menu items and coached by a current or former NBA/WNBA player. Activities to promote the theme, "**All Star School Lunch**" include a contest on line at www.allstarschoollunch.org, or in school cafeterias to draft and name their very own All-Star Team, while explaining why their team is healthy.

Studies have shown that students who consume nutritious meals have the greatest success in school. Healthy eating correlates with fewer trips to the school nurse and less absenteeism. Food service managers have been provided materials to involve principals, teachers, students, parents, and the community in planned nutrition-related activities during this special week.

RECOMMENDED: That The School Board of Miami-Dade County, Florida, adopt Resolution No. 09-97 proclaiming the week of October 12-16, 2009, as National School Lunch Week.

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**RESOLUTION NO. 09-97
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA
PROCLAIMING THE WEEK OF OCTOBER 12-16, 2009
AS NATIONAL SCHOOL LUNCH WEEK**

WHEREAS, for over 60 years, the National School Lunch Program has contributed to the health and educational development of Florida's children; and

WHEREAS, the National School Lunch Program promotes the increased consumption of high-quality, nutritious agricultural products from Florida; and

WHEREAS, recent studies indicate that students who eat lunch have improved math grades and reading scores, increased attention, reduced absence and tardy rates, and improved psycho-social behaviors; and

WHEREAS, the National School Lunch Program serves the nation's children by providing meals that enhance their readiness to learn and to succeed in school; and

WHEREAS, The Florida Nutrition Association and the National School Nutrition Association collaborate with other organizations dedicated to the educational success of America's children by creating public awareness of the impact of hunger of a child's ability to learn.

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida, approve Resolution 09-97 of The School Board of Miami-Dade County, Florida, proclaiming October 12-16, 2009, as National School Lunch Week and encourages all school principals, teachers, and students to participate in the planned activities of this week.

Presented this 9th day of September, A.D. 2009

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

Chair

ATTEST:

Secretary