

Dr. Martin Karp, School Board Member

**SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 12-035
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY,
FLORIDA, PROCLAIMING THE MONTH OF MARCH 2012 AS
NATIONAL NUTRITION MONTH® AND MARCH 5-9, 2012 AS
NATIONAL SCHOOL BREAKFAST WEEK**

**COMMITTEE: INSTRUCTIONAL EXCELLENCE AND COMMUNITY
ENGAGEMENT**

**LINK TO STRATEGIC
FRAMEWORK: STUDENT, PARENT AND COMMUNITY ENGAGEMENT**

The primary goal of the Child Nutrition Program (CNP) is to improve the health and nutritional status of students. This year's National School Breakfast Week theme is "**School Breakfast – Go for Gold**". The Department of Food and Nutrition has provided activities to school cafeteria managers to promote school breakfast. Food service personnel are encouraged to involve principals, teachers, students, parents and the community in planned activities during National School Breakfast Week and to reinforce the importance of a nutritious breakfast as a key component of good health.

This year's theme for National Nutrition Month®, sponsored by the Academy of Nutrition and Dietetics, is "**Get Your Plate in Shape**". The importance of making informed food choices and developing sound eating and physical activity habits is the focus of attention during March 2012, as National Nutrition Month®.

The occasion is a special week and month during which attention is focused on the school breakfast program and on the importance of making informed healthy food choices and developing sound eating and physical activity habits that support the District's Wellness Policy.

**ACTION PROPOSED BY
DR. MARTIN KARP:**

That The School Board of Miami-Dade County, Florida, approve Resolution No. 12-035 of The School Board of Miami-Dade County, Florida, proclaiming the month of March 2012 as National Nutrition Month® and March 5-9, 2012, as National School Breakfast Week.

**RESOLUTION NO. 12-035
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA
PROCLAIMING THE MONTH OF MARCH 2012 AS NATIONAL NUTRITION
MONTH® AND MARCH 5-9, 2012 AS NATIONAL SCHOOL BREAKFAST WEEK**

WHEREAS, the National School Breakfast Program continues to play a vital role in shaping the health and nutrition patterns of Florida's children, and the National Nutrition Month® campaign reinforces the importance of nutrition as a key component of good health along with physical activity; and

WHEREAS, the National School Breakfast Program has supported the promotion and implementation of nutrition principles outlined in the Dietary Guidelines for Americans, and the National Nutrition Month® Campaign promotes trying a variety of foods; and

WHEREAS, the National School Breakfast Program promotes the increased consumption of high-quality, nutritious agricultural products from Florida; and

WHEREAS, the National School Breakfast Program serves the nation's children by providing meals that enhance their readiness to learn and to succeed in school; and

WHEREAS, the Dade County School Food Service Association, the School Nutrition Association and the Academy of Nutrition and Dietetics collaborate with other organizations dedicated to the educational success of America's children by creating public awareness of the impact of hunger on a child's ability to learn; and the importance of nutrition and physical activity as a key component of good health and well-being;

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida approve Resolution No. 12-035 of The School Board of Miami-Dade County, Florida, proclaiming the month of March 2012 as National Nutrition Month® and March 5-9, 2012, as National School Breakfast Week and encourage all school principals, teachers, and students to participate in the planned activities.

A copy of this resolution is placed in the permanent records of this Board.

Presented this fifteenth day of February, A.D. 2012

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

CHAIR

ATTEST:

Secretary