

Dr. Dorothy Bendross-Mindingall, Board Member

SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 13-094 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA, RECOGNIZING JOANN SAMPSON, A RETIRED MIAMI-DADE COUNTY PUBLIC SCHOOLS TEACHER AND MOTIVATIONAL SPEAKER

COMMITTEE: INSTRUCTIONAL EXCELLENCE AND COMMUNITY ENGAGEMENT

LINK TO STRATEGIC FRAMEWORK: STUDENT, PARENT, AND COMMUNITY ENGAGEMENT

JoAnn Sampson retired in 2000 after 35 years of teaching in Miami-Dade County Public Schools. One afternoon, this youthful mother and grandmother of three found an article in the local paper advertising the *South Florida Senior Games*. Being an "I-can-do-that" person, she quickly signed up to run the 100-meter race in track & field and her new career was born.

Never having trained for running nor competed in any event in her life, Ms. Sampson dove in headfirst by walking, jogging and running five to eight miles every morning, five-days-a-week, and doing yoga and stretching in the evenings. In February 2002, she competed in her first race, the *2002 South Florida Senior Games*, at the age of 62. She came in first place and received her first gold medal.

The win enabled Ms. Sampson to qualify for the *2002 Florida Senior Games State Championship*. She made a personal record and brought home the silver. By August 2006, Ms. Sampson was being ranked number three in the nation in her age category.

Currently, Ms. Sampson competes in the South Florida Senior Games, the National Senior Games, the Masters Invitational Track Meet, Atlanta Senior Olympics, USA Track & Field National Masters Championships, the Southeastern USA Track & Field Master Championships, and the Southeastern Masters Regional Championships. In her spare time, she speaks and shares her story with students at various schools in Miami-Dade and Broward counties.

Ms. Sampson is to be commended for her determination, dedication and discipline. Age is nothing but a number for her; it's what is in your heart that matters and belief in yourself.

ACTION PROPOSED BY

DR. DOROTHY BENDROSS-MINDINGALL:

That The School Board of Miami-Dade County, Florida, approve Resolution No. 13-094 of The School Board of Miami-Dade County, Florida, recognizing JoAnn Sampson, a retired Miami-Dade County Public Schools teacher and motivational speaker.

RESOLUTION NO. 13-094
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA,
RECOGNIZING JOANN SAMPSON, A RETIRED MIAMI-DADE COUNTY PUBLIC SCHOOLS
TEACHER AND MOTIVATIONAL SPEAKER

WHEREAS, JoAnn Sampson retired in 2000 after 35 years of teaching in Miami-Dade County Public Schools; and

WHEREAS, one afternoon, this youthful mother and grandmother of three found an article in the local paper advertising the *South Florida Senior Games*. Being an "I-can-do-that" person, she quickly signed up to run the 100-meter race in track & field and her new career was born; and

WHEREAS, never having trained for running nor competed in any event in her life, Ms. Sampson dove in headfirst by walking, jogging and running five to eight miles every morning, five-days-a-week, and doing yoga and stretching in the evenings; and

WHEREAS, in February 2002, she competed in her first race, the *2002 South Florida Senior Games*, at the age of 62. She came in first place and received her first gold medal; and

WHEREAS, the win enabled Ms. Sampson to qualify for the *2002 Florida Senior Games State Championship*. She made a personal record and brought home the silver. By August 2006, Ms. Sampson was being ranked number three in the nation in her age category; and

WHEREAS, currently, Ms. Sampson competes in the South Florida Senior Games, the National Senior Games, the Masters Invitational Track Meet, Atlanta Senior Olympics, and several others. In her spare time, she speaks and shares her story with students at various schools in Miami-Dade and Broward counties; and

WHEREAS, Ms. Sampson is to be commended for her determination, dedication and discipline. Age is nothing but a number for her; it's what is in your heart that matters and belief in yourself;

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida, approve Resolution No. 13-094 of The School Board of Miami-Dade County, Florida, recognizing JoAnn Sampson, a retired Miami-Dade County Public Schools teacher and motivational speaker.

A copy of this resolution is placed in the permanent records of this Board.

Presented this nineteenth day of June, A.D. 2013

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

CHAIR

ATTEST:

Secretary