

Ms. Susie V. Castillo, Board Member

**SUBJECT: REQUEST APPROVAL OF RESOLUTION NO. 13-126 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA, RECOGNIZING HENRY GETS MOVING, LLC AND COMMON THREADS FOR THEIR PARTICIPATION IN LITERACY & WELLNESS EVENT AT JAMES H. BRIGHT ELEMENTARY ON SEPTEMBER 26, 2013**

**COMMITTEE: INSTRUCTIONAL EXCELLENCE & COMMUNITY ENGAGEMENT**

**LINK TO STRATEGIC FRAMEWORK: STUDENT, PARENT, AND COMMUNITY ENGAGEMENT**

On September 26, 2013, Henry Gets Moving, LLC and Common Threads participated in a literacy and wellness event at James H. Bright Elementary School in recognition of National Childhood Obesity Awareness Month. Henry Gets Moving, LCC provided free copies of their bilingual children's book 'Henry Gets Moving' to all third graders at the school and hosted book readings with 'Team Henry' volunteers in many of the classrooms. Following the readings and a group exercise activity, Common Threads hosted a healthy snack cooking lesson for a group of students in the school's media center. In addition, Common Threads provided healthy snacks for all third-graders who participated in the 'Henry Gets Moving' reading.

Henry Gets Moving, LLC and Common Threads are to be commended for their generosity and commitment to helping to raise awareness among children in Miami-Dade about the importance of exercise and healthy eating.

*Henry Gets Moving, LLC is the publisher of the bilingual children's book Henry Gets Moving, which promotes exercise and other healthy lifestyle habits among kids. The book utilizes its main character, Henry the hamster, to teach children about healthy foods and the importance of exercising. Aside from serving as the book's publisher, Henry Gets Moving, LLC, partners with schools and community organizations to help promote healthy eating and active lifestyle choices.*

*Common Threads has been teaching children in underserved communities how to cook wholesome, healthy meals in professional-led, curriculum-based after-school programs for 10 years. The focus of their mission is to educate children on the importance of nutrition and physical well-being, while fostering an appreciation of cultural diversity through cooking.*

This item is presented to recognize these two entities for their support and continued efforts in promoting healthy eating habits among children.

**ACTION PROPOSED BY**

**MS. SUSIE V. CASTILLO:** That The School Board of Miami-Dade County, Florida, approve Resolution No. 13-126 of The School Board of Miami-Dade County, Florida, recognizing Henry Gets Moving, LLC and Common Threads for their participation in literacy and wellness event at James H. Bright Elementary on September 26, 2013.

**RESOLUTION NO. 13-126  
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA,  
RECOGNIZING HENRY GETS MOVING, LLC AND COMMON THREADS FOR THEIR  
PARTICIPATION IN LITERACY & WELLNESS EVENT AT JAMES H. BRIGHT ELEMENTARY  
ON SEPTEMBER 26, 2013**

**WHEREAS**, in the U.S. childhood obesity has more than doubled in children and tripled in adolescents in the past 30 years; and

**WHEREAS**, education, healthy eating habits, and exercise, are all essential to helping our children lead healthy and productive lives; and

**WHEREAS**, on September 26<sup>th</sup>, 2013, Henry Gets Moving, LLC and Common Threads donated time and resources to helping to bring comprehensive lessons on health and wellness to students at James H. Bright Elementary School, and

**WHEREAS**, Henry Gets Moving, LLC helped to promote literacy at the school by hosting classroom readings of the book 'Henry Gets Moving' and provided a free copy of their book to all third graders; and

**WHEREAS**, Common Threads taught students about healthy foods and recipes, and provided all participants with a healthy snack for the day; and

**WHEREAS**, programs and activities that help prevent childhood obesity, promote healthy eating, and encourage physical activity, are essential to helping to increase children's quality of life; and

**WHEREAS**, the generosity of community organizations such as Henry Gets Moving, LLC and Common Threads allows us to provide our students with enriching learning opportunities beyond the classroom;

**NOW, THEREFORE, BE IT RESOLVED THAT:**

The School Board of Miami-Dade County, Florida, approve Resolution No. 13-126 of The School Board of Miami-Dade County, Florida, recognizing Henry Gets Moving, LLC and Common Threads for their participation in literacy and wellness event at James H. Bright Elementary on September 26, 2013.

A copy of this resolution is placed in the permanent records of this Board.

**Presented this nineteenth day of November, A.D. 2013**

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

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CHAIR

ATTEST:

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Secretary