

Ms. Raquel Regalado, Board Member

**SUBJECT: REQUEST APPROVAL OF RESOLUTION NO. 15-002 OF THE
SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA,
RECOGNIZING NAMI OF MIAMI FOR ITS SPONSORSHIP OF
"STOP THE STIGMA," A MENTAL HEALTH SUMMIT**

COMMITTEE: ACADEMIC, EVALUATION AND TECHNOLOGY

**LINK TO STRATEGIC
FRAMEWORK: STUDENT, PARENT AND COMMUNITY ENGAGEMENT**

On May 2, 2015, a mental health summit entitled STOP THE STIGMA will be held in Miami, Florida, sponsored by the National Alliance of Mental Illness (NAMI) and the University of Miami and UHealth System. The Summit will be open to our entire community, especially those who live with mental illness and their families. Its main sponsor, NAMI, is the largest mental health organization in the United States, dedicated to educating about mental health and advancement of treatment for the 60 million Americans suffering from disorders.

NAMI of Miami has demonstrated a 35-year commitment to educating, advocating and supporting those suffering from mental illness and their families in our community. This commitment is critical, as Miami-Dade County is home to the largest percentage of people with serious mental illnesses of any urban community in the United States, representing 9.1 percent of the population (more than 210,000 individuals).

Nationally, one in four citizens of our country, or 61.5 million of Americans, experience a mental health disorder in a given year and one in 17 suffers from a serious mental illness such as schizophrenia, major depression or bipolar disorder. Thirteen percent of children live with a serious mental or emotional disorder; 22 of our nation's valiant veterans die each day from suicide, representing 20 percent of all suicides nationally.

Almost 2.5 million, or 1.1 percent of, adults live with schizophrenia; more than six million, or 2.6 percent of, adults live with bipolar disorder; almost 15 million live with major depressive disorder affects; 42 million are affected by anxiety disorders which frequently do occur with depression or addiction disorders; more than 193 billion dollars are incurred in workplace costs per year. Also, four out of 10 leading causes of disability in developed countries are mental disorders and the expectation is that by 2020 depression will be the leading cause of disability in the world for women and children.

**ACTION PROPOSED BY
RAQUEL REGALADO:**

That The School Board of Miami-Dade County, Florida approve Resolution No. 15-002 recognizing NAMI of Miami for its sponsorship of "STOP THE STIGMA," A Mental Health Summit.

**RESOLUTION NO. 15-002
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA,
RECOGNIZING NAMI OF MIAMI FOR ITS SPONSORSHIP OF "STOP THE STIGMA," A MENTAL
HEALTH SUMMIT**

WHEREAS, on May 2, 2015, a mental health summit entitled STOP THE STIGMA will be held in Miami, Florida, sponsored by the National Alliance of Mental Illness (NAMI) and the University of Miami and UHealth System. The free community-wide event will present essential information about diagnosing, treating and recovering optimally from mental health disorders; and

WHEREAS, the Summit's main sponsor, NAMI, is the largest mental health organization in the United States dedicated to educating about mental illness and advancement of treatment for the 60 million Americans suffering from disorders; and

WHEREAS, NAMI of Miami has demonstrated a 35-year commitment to educating, advocating and supporting those suffering from mental illness and their families in our community; and

WHEREAS, Miami-Dade County is home to the largest percentage of people with serious mental illnesses of any urban community in the United States, representing 9.1 percent of the population (more than 210,000 individuals); and

WHEREAS, one in four citizens of our country, or 61.5 million of Americans, experience a mental health disorder in a given year and one in 17 suffers from a serious mental health issue such as schizophrenia, major depression or bipolar disorder; and

WHEREAS, thirteen percent of children live with a serious mental or emotional disorder; 22 of our nation's valiant veterans die each day from suicide, representing 20 percent of all suicides nationally; and

WHEREAS, almost 2.5 million, or 1.1 percent of, adults live with schizophrenia; more than six million, or 2.6 percent of, adults live with bipolar disorder; almost 15 million live with major depressive disorder affects; 42 million are affected by anxiety disorders which frequently do occur with depression or addiction disorders; more than 193 billion dollars are incurred in workplace costs per year; and

WHEREAS, four out of 10 leading causes of disability in developed countries are mental disorders and the expectation is that by 2020 depression will be the leading cause of disability in the world for women and children;

NOW, THEREFORE, BE IT RESOLVED THAT:

That The School Board of Miami-Dade County, Florida, approve Resolution No. 15-002 of The School Board of Miami-Dade County, Florida, recognizing NAMI of Miami for its sponsorship of "STOP THE STIGMA," A Mental Health Summit.

A copy of this resolution is placed in the permanent records of this Board.

Presented this eleventh day of February, A.D. 2015

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

CHAIR

ATTEST:

Secretary