

Dr. Lubby Navarro, Board Member

**SUBJECT: SCHOOL BOARD ENDORSEMENT OF FLORIDA FIRST LADY
CASEY DESANTIS' RESILIENCY CURRICULUM INITIATIVE**

COMMITTEE: FACILITIES & CONSTRUCTION

LINK TO STRATEGIC

BLUEPRINT: INFORMED, ENGAGED AND EMPOWERED STAKEHOLDERS

On Friday, February 26, 2021, First Lady Casey DeSantis announced the "Resiliency Curriculum," an initiative that aims to aid students across Florida, who encounter difficulties with mental health issues, through partnerships with professional sports teams across the state. One of the key fundamentals of the initiative is teaching kids how to be resilient through problem-solving and critical-thinking skills.

The Florida Department of Education has assembled the Resiliency Toolkit to assist teachers in the development of more resilient and healthy students. Teachers utilizing the instructional resources included in this toolkit will empower Florida's students as they develop resilience and character education skills to adapt to a variety of situations and persevere towards achieving their goals.

The pillars included in the curriculum are: celebration of overcoming adversity, mentorship and volunteerism, responsibility and accountability, critical thinking and problem solving, respect for yourself and others, coping skills for stressful circumstances, gratitude, empathy, citizenship, hope, honesty, and physical activity.

The Florida Department of Education has also partnered with pro-sports teams and athletes including The Tampa Bay Buccaneers, Rays, and Lightning, to bring lesson plans for this new mental health toolkit to teachers. This is an initiative that will help to change the narrative around mental health in children.

This item is presented for the Board to consider endorsing the Resiliency Curriculum launched by Florida First Lady Casey DeSantis.

This Item has been reviewed and approved by the School Board Attorney's Office as to form and legal sufficiency.

**ACTION PROPOSED BY
DR. LUBBY NAVARRO:**

That The School Board of Miami Dade County, Florida, endorse Florida First Lady Casey DeSantis' Resiliency Curriculum.

H-13