

Miami-Dade County Public Schools  
Superintendent's District Advisory Panel for Exceptional Student Education  
Mental and Emotional Health Subcommittee

**Subcommittee Minutes**

*February 23, 2021*

Present: Juan Carlos Gonzalez (Co-chair), Lianie Cuba (MDCPS-Mental Health Services), Christine Reigadas (former Co-chair, parent), Arlene Lindsay-Marshall (MDCPS-Crisis Team Member), Maria Ratti (parent), Daniel Ore (MDCPS-ESE), Alina Cutié Rodriguez (MDCPS-ESE), and Michell Cumming (Florida International University)

Location: Virtual – Zoom  
<https://zoom.us/j/3052710000>  
Meeting ID: 305 271 0000

Time: 10:00AM – 12:00PM

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Introductions and welcome message

Diana Adreon (Co-chair) excused absence; Alina Cutie Rodriguez assisted as Co-chair

Agenda for the meeting was reviewed

Meeting Minutes for the last meeting were reviewed

Michelle Cumming from Florida International University (FIU) discussed her collaboration with the ESE Department and her work on Executive Functioning and E/BD Program Middle.

There was discussion on how various M-DCPS departments are collaborating to provide Mental Health supports to all students.

Questions regarding Threat Assessment was answered by the representative of the Mental Health Department, Liane Cuba.

The committee agreed that the presentation on Grief and Loss would benefit students and staff and it should be geared to students. Arlene Lindsey-Marshall will be following up with Alina Gallego to secure the presentation. Arlene Lindsey-Marshall also spoke about Grief Sensitive School and ongoing staff training. The committee recommended that a live webinar be conducted and recorded for future reference. The committee also suggested that paper resources and flyers are created regarding the theme.

Juan Carlos Gonzalez spoke about the Department of Family Support Services efforts to reaching out to **My School Online** academic at-risk students (4,000 +) to provide additional resources and support.

Daniel Ore shared the **March 2021 School Social Worker Gazette program** description and data point flyer.

Questions regarding parent trainings and workshops were asked and the M-DCPS Team shared various resources including the Mental Health Department Wellness Flyers for Parents in three languages and ESE Department Padlets.

[http://briefings.dadeschools.net/files/52666\\_Mental\\_Wellness\\_Flyer\\_English.pdf](http://briefings.dadeschools.net/files/52666_Mental_Wellness_Flyer_English.pdf)

[http://briefings.dadeschools.net/files/55766\\_Mental\\_Wellness\\_Flyer\\_Spanish.pdf](http://briefings.dadeschools.net/files/55766_Mental_Wellness_Flyer_Spanish.pdf)

[http://briefings.dadeschools.net/files/57366\\_Mental\\_Wellness\\_Flyer\\_Haitian\\_Creole.pdf](http://briefings.dadeschools.net/files/57366_Mental_Wellness_Flyer_Haitian_Creole.pdf)

### **Parent Resources for On-line Learning**

<https://padlet.com/rodriguez003/ParentResources>

### **Resources for Attention Deficit Hyperactivity Disorder (ADHD)**

<https://padlet.com/rodriguez003/ResourcesADHD>

### **Trauma Informed Practices**

<https://padlet.com/rodriguez003/TIC>

Recommendations were made to also have paper-based resources such as info graphs and posters.

Alina Rodriguez will provide Family Support Services and Title I posters that were purchased by the ESE Department in order to give them to schools to use as resources.

Alina Rodriguez presented on SEDNET – The Multiagency for Students with Emotional/Behavioral Disabilities and the discretionary grant's services in Miami-Dade and Monroe.

Other items:

The Mental Health Department is collaborating with FIU – Mindful Peer Exchange (with Peer Educators facilitating Mental Health courses).

The committee discussed reviewing data regarding student services and if the services provided by the departments are in fact showing student progress.

Next meeting date – **April 13, 2021 at 10:00** a.m. on Zoom