

**Superintendent's District Advisory Panel for
Exceptional Student Education**

Mental Health Sub-Committee Meeting

AGENDA

Wednesday, February 22, 2023

10:00 am – 11:00 am

Meeting Information

Dr. Michael Krop Senior High School

- **Welcome and Introductions**

Attendees: Alina Rodriguez (co-chair), Dr. Diane Adreon (co-chair). Dr. Michelle Cumming, Maria Ratti, Dolores Vega, Lianie Cuba, Maria Guajardo

- **SEDNET Overview**

Dolores Vega provided an overview of SEDNET. SEDNET is designed to serve at-risk youth and students with Emotional/Behavior Disorder disabilities. They try to coordinate transitions back to school and help facilitate services that students may need after a Baker Act or residential placement.

- **Thriving Mind Overview**

Maria Guajardo provided an overview of Thriving Minds. Thriving Minds provides funding to agencies to provide therapy and case management services to uninsured and under-insured youth. They contract with 46 providers.

- **Mental Health Department – New Brochure and Parent Assistance Flyer**

A new mental health brochure, "Navigating Mental Wellness: Mental Health and Student Services Information and Tips for Parents" will provide valuable mental health tips and information about accessing mental health resources to parents. Another brochure about the Mental Health Parent Assistance Line was also shared. They have expanded their hours to 8:00 am – 8:00 pm Monday thru Thursday. These brochures are available in English, Spanish, and Creole.

- **New business**

MDCPS created a four-part workshop titled: Building the Parental Toolbox. It addresses how to deal with behavior challenges. This workshop will be offered virtually and in-person.

Adjourn