

**Superintendent's District Advisory Panel for**

**Exceptional Student Education**

Mental Health Sub-Committee Meeting

**Minutes**

Monday, October 30, 2023

10:00 am – 11:00 am

**Zoom Link:**

<https://us02web.zoom.us/j/5568612762>

**Attendance:**

Dolores Vega, SEDNET Project Manager

Maria Ratti, Parent

Vanessa Seron, Instructional Support Specialist ESE

Dr. Aurora Garmendia, Clinical Chairperson

Maria Guajardo, Thriving Minds

Patrick Salmasi, Administrative Director ESE

Giselle Mendieta, Director Community Outreach

- Welcome and Introductions
- Review of 2022-2023 Goals – **the sub-committee highlighted the new change in the verbiage of “implementation” for the first goal.**
  1. Improving implementation of mental health services
  2. Increasing awareness and acceptance of neurodiversity
  3. Distribute the following resources to families: *Navigating Mental Health through Schools and Other Agencies* and *Mental Wellness and Your Child*.
- Generate 2022-2023 Goals – **the sub-committee agrees that we will continue to work on the same goals throughout the new school year with an emphasis on prevention and increasing awareness and acceptance among non-instructional personnel and School Resource Officers.**
- Upcoming Mental Health Sub-Committee Meeting Dates- **the sub-committee agreed on the following dates:**
  - December 11, 2023 at 10:00 am
  - February 12, 2024 at 10:00 am
  - April 15, 2024 at 10:00 am
- Co-Chair discussion- **the sub-committee agreed on Maria Guajardo serving as Co-chair.**

**Adjourn**