

Superintendent's District Advisory Panel for

Exceptional Student Education

Mental Health Sub-Committee Meeting

Minutes

Monday, December 11, 2023

Rescheduled for

Wednesday, January 10, 2024

10:00 am- 11:00 am

Zoom Link:

<https://us02web.zoom.us/j/5568612762>

Attendance:

Dolores Vega, SEDNET Project Manager

Maria Ratti, Parent

Vanessa Seron, Instructional Support Specialist, ESE

Dr. Aurora Garmendia, Clinical Chairperson, ESE

Maria Guajardo, Thriving Minds

Giselle Mendieta, Director Community Outreach

Lianie Cuba, Executive Director, Depart. Of Mental Health

Alina Rodriguez, Executive Director, ESE

Enrique Escallon, SDAP ESE

Beverly Heller, Parent

Mary Smythe, Improving Lives

- Welcome and Introductions
- Reviewed the following resource for families: *Navigating Mental Health through Schools and Other Agencies*
- Discussed improving implementation of mental health services:
 1. Overview of School Based Mental Health Provider Roles
 2. Overview of SEDNET program
 3. Information on Behavior Summit and information available
 4. Discussed Mental Wellness Club and support for sponsors and school sites
- Reviewed the goal to increase awareness and acceptance of neurodiversity:
 1. Overview of Youth Mental Health training
 2. Overview of Autism Awareness trainings
 3. Overview of SEDNET de-escalation trainings
- Discussed available Mental Health Support available for teachers through Employee Assistance Program

Adjourn