

Superintendent's District Advisory Panel for

Exceptional Student Education

Mental Health Sub-Committee Meeting

Minutes

Wednesday, April 19, 2023

10:00 am – 11:00 am

Zoom Link:

<https://dadeschools.zoom.us/j/87240640537?pwd=UUNYamN0Q1UxUW1jTEVMMmZkakJrUT09>

Attendance:

Susan Holtzman, President NAMI

Rosa Andrews, NAMI

Celia Morales, NAMI Presenter

Dolores Vega, SEDNET Project Manager

Maria Ratti, Parent

Alina Rodriguez, Instructional Supervisor ESE

Dr. Michelle Cumming, FIU

Craig Seigel, Clinical Chair Art Therapy

Dr. Aurora Garmendia, Clinical Chairperson

Lianie Cuba, Executive Director, Mental Health Department

Susanne Meadows, Curriculum Support Specialist

Marie Carrier, Curriculum Support Specialist

- Welcome and Introductions
- NAMI Presentation – **presented on various programs and support groups to assist families, school staff, and children/adolescents.**
- Review of 2022-2023 Goals – **the sub-committee agrees that all three goals were completed or worked throughout the school year by the committee members.**
 1. Improving execution of mental health services
 2. Increasing awareness and acceptance of neurodiversity
 3. Distribute the following resources to families: *Navigating Mental Health through Schools and Other Agencies* and *Mental Wellness and Your Child*.

Notes: Ms. Ratti did encourage the sub-committee to rethink the names give to school Mental Wellness Clubs.

Adjourn