



6.0 Connection Toolkit

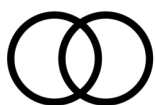
Powerful Proactive Tools to Build and Sustain Relationships.



RELATE

60 Sec. Relate Break:

A 60 Second Relate Break is similar to a typical “brain break” that takes place in the classroom. The teacher presents a question to the class. Sets a timer for 60 seconds and guides students to start sharing in a “turn and talk” manner to those around them. The teacher walks around the class listening to students share their responses. At the end of the time, the teacher shares their personal response to the prompted question so students can learn about you. Focus on students learning about each other and you learning about them!



CONNECT

2 Min. Connection:

Invest two minutes by having students stand around the room (NOT in a circle) for a “Stand and Share” session. Pose a question(s). Set a timer. Teacher shares first. Pick direction and guide students to respond to the prompted question by a head turn making sure students feel safe to share but are not required. The physical space between students and teacher will allow students to connect with others as they listen to students respond to the question(s). Focus on students learning about each other and you learning about them!



SPARK

90 Sec. Spark:

A plan for teachers to create opportunities to build and sustain relationships with students by developing a plan to “Meet-n-Greet” their students in a way that is genuine and authentic. In addition, this plan provides a structure to provide a positive interactions between students to increase the “positive energy” in the classroom. Focus on students experiencing and demonstrating care and empathy during these interactions!



PULSE

Pulse Meter:

A tool to use with students that helps develop a students own social and emotional vocabulary by allowing them to choose a color, number or some other scale that will help them describe their current state of emotions. These are great tools to check-in, check-up or check-out with students. Focus on allowing the students to feel safe in sharing their “pulse” when these tools are utilized in the classroom!



TREAT

Treatment Agreement:

This is a three section social compact that is introduced into the classroom to help establish norms and guidelines on how we treat each other. Classroom communities have found this to be a powerful tool that empowers students and teachers to develop a sense of ownership and accountability and within the classroom space. Focus on using this as a redirect tool and extending this concept into a weekly Relationship Goal for students to strive to improve the way they treat each other.



GTKY

GTKY Circles:

These classroom circles are designed to build community by getting to know each other while in the shape of a circle. These are non-content based circles where students are encouraged to share responses that are fun and enlightening. These are not trauma based or deep-ended circles. The circle components consist of 3-5 guidelines, a talking piece, and 4 GTKY questions. Focus on creating a safe space where students can pass if they need to but have a voice when it is their turn!