



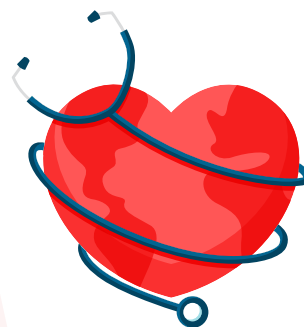
Sudden Cardiac Arrest (SCA) Awareness Campaign



Miami-Dade County Public Schools (M-DCPS) in partnership with Nicklaus Children's Hospital and our community partners are launching the Sudden Cardiac Arrest (SCA) awareness campaign during the month of October.

M-DCPS is committed to prepare our staff to respond to our students and families in the event of a cardiac emergency through the following initiatives:

- ✓ Project ADAM "Heart Safe Schools" program (Nicklaus Children's Hospital partnership)
- ✓ FREE EKGs. Students with a consent will have an opportunity to receive a free EKG during the school day (Nicklaus Children's Hospital, The Children's Trust school-based providers, University of Miami (UM), Jessie Trice Community Health Centers (JTCHC) and Community Health of South Florida (CHI) partnership)
- ✓ Presentation from a former M-DCPS student who experienced a sudden cardiac arrest (Heart Charged Organization partnership)



According to the Sudden Cardiac Arrest Foundation, SCA affects 1,000 people a day and strikes all ages. Here's what to do if someone suffers a cardiac arrest:



Call 911



Start CPR



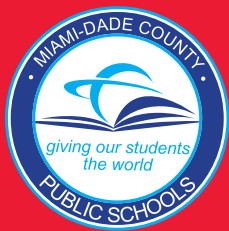
Use an automated external defibrillator (AED)

For more information, please visit:

<https://stopcardiacarrest.org/>

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-in-schools/restart-a-heart-day>





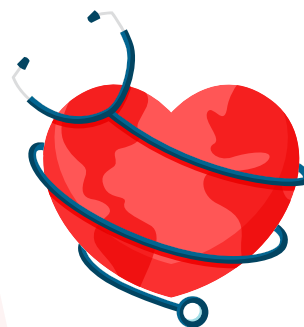
Campaña de concienciación sobre el **Paro Cardíaco Repentino** (*Sudden Cardiac Arrest, SCA*)



Las Escuelas Públicas del Condado Miami-Dade (Miami-Dade County Public Schools, M-DCPS) en colaboración con el hospital de niños Nicklaus Children's Hospital y nuestros socios comunitarios, lanzan la campaña de concienciación sobre el Paro Cardíaco Repentino, PCR (Sudden Cardiac Arrest, SCA) durante el mes de octubre.

Las M-DCPS se comprometen a preparar a nuestro personal sobre cómo responder para auxiliar a nuestros estudiantes y familias en caso de una emergencia cardíaca, mediante las siguientes iniciativas:

- ✓ Proyecto ADAM (Project ADAM), a través de un programa educativo llamado "Escuelas seguras para el corazón" ("Heart Safe Schools", en colaboración con el hospital de niños Nicklaus Children's Hospital)
- ✓ Electrocardiogramas GRATIS (FREE EKGs). Los estudiantes que tengan autorización tendrán la oportunidad de recibir un electrocardiograma gratis durante la jornada escolar (Nicklaus Children's Hospital, los proveedores del programa de The Children's Trust que se encuentran en los planteles escolares, la Universidad de Miami (University of Miami, UM), los centros comunitarios de salud Jessie Trice Community Health Centers, JTCHC y la asociación comunitaria de salud del sur de la Florida (Community Health of South Florida, CHI)
- ✓ Presentación por parte de un antiguo alumno de las M-DCPS que experimentó un paro cardíaco repentino (en asociación con la organización Heart Charged Organization)



Según la fundación Sudden Cardiac Arrest Foundation, el paro cardíaco repentino (SCA) afecta a 1,000 personas de todas las edades diariamente. Vea a continuación lo que debe hacer si alguien sufre un paro cardíaco:



Llame al número de teléfono 911



Comience la Resucitación Cardiopulmonar, RCP (Cardio Pulmonary Resuscitation, CPR)



Utilice un desfibrilador externo automático, DEA (Automated External Defibrillator, AED)

Para obtener más información, por favor visite los siguientes enlaces:

<https://stopcardiacarrest.org/>

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-in-schools/restart-a-heart-day>





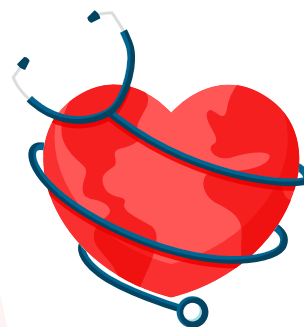
Kanpay Sansibilizasyon sou “Sudden Cardiac Arrest (SCA)” (Arè Kadyak Sibit)



Lekòl Leta Miami-Dade County (M-DCPS) an patenarya ak Nicklaus Children's Hospital ak patnè kominotè nou yo ap lanse yon kanpay sansibilizasyon sou “Sudden Cardiac Arrest (SCA)” (Arè Kadyak Sibit) pandan mwa oktòb la.

M-DCPS pran angajman pou prepare anplwaye li yo pou ede elèv ak fanmi nou yo nan ka kote yon moun gen yon ijans kadyak atravè inisyativ sa yo:

- ✓ Pwojè pwogram ADAM "Heart Safe Schools" (Nicklaus Children's Hospital partnership)
- ✓ “EKG” (ELEKTWO KADYOGRAM) GRATIS. Elèv ki gen konsantman paran yo ap gen yon opòtinite pou resevwa yon EKG gratis pandan jounen lekòl la (Nicklaus Children's Hospital, founisè The Children's Trust ki baze nan lekòl la, University of Miami (UM), Jessie Trice Community Health Centers (JTCHC) ak Community Health of South Florida Partnership. (CHI)
- ✓ Prezantasyon yon ansyen elèv M-DCPS ki te fè eksperyans yon arè kadyak sibit (Heart Charged Organization partnership)



Daprè Fondasyon ‘Sudden Cardiac Arrest’, SCA afekte 1,000 moun pa jou e li frape tout laj. Men sa pou w fè si yon moun gen yon arè kadyak:



Rele 911



**Kòmanse Fè “CPR”
(Masaj Kadyak)**



**Sèvi ak yon
“automated external
defibrillator (AED)”
(defibrilatè otomatik
ekstèn)**

Pou plis enfòmasyon, tanpri vizite:

<https://stopcardiacarrest.org/>

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-in-schools/restart-a-heart-day>

